



The Evangelical Covenant Church

CONNECT



REFRESH



TRANSFORM



# Quench

TRIENNIAL XV

JULY 28-31, 2016

KANSAS CITY, MISSOURI



[COVCHURCH.ORG/TRIENNIAL](http://COVCHURCH.ORG/TRIENNIAL)

## TABLE OF CONTENTS

---

|   |    |
|---|----|
| Excursions . . . . .                    | 3  |
| Thursday Evening . . . . .              | 5  |
| Friday Morning . . . . .                | 7  |
| Friday Learning Experiences . . . . .   | 9  |
| Friday Evening . . . . .                | 13 |
| Saturday Morning . . . . .              | 15 |
| Saturday Learning Experiences . . . . . | 20 |
| Saturday Afternoon . . . . .            | 24 |
| Saturday Evening . . . . .              | 25 |
| Ministry Mall Exhibits . . . . .        | 29 |
| Fitness . . . . .                       | 33 |
| Prayer . . . . .                        | 34 |
| Afternoon Options . . . . .             | 35 |
| Other Important Information . . . . .   | 37 |
| Credits . . . . .                       | 39 |
| Map . . . . .                           | 41 |

### LOVE TO SING?

You are invited to join the Triennial choir. The choir will sing for Saturday night worship service.

### REHEARSALS:

Friday 3:30 – 5:00 PM,  
Saturday 3:00 – 4:00 PM  
Exhibit Hall B  
Let us make a joyful  
noise unto the Lord!

## Dear Women of the Covenant:

**Welcome to Triennial XV!** Triennial is a key discipleship event in the Evangelical Covenant Church. The Make and Deepen Disciples team is thrilled for the opportunity that you will have this week to rest, play, heal, connect, and get equipped to join God's mission to see more disciples made among more populations in a more caring and just world.

This is a momentous year for women in the Covenant! Together we are celebrating two special anniversaries—100 years of Women Ministries and 40 years of ordaining women. Women have always been critical to the mission of the Covenant in the past and we fully expect that God will continue to do great things in and through you for the future—“immeasurably more than all we ask or imagine!” (Ephesians 3:20)

Our prayer for this week is that God would quench you deeply and fill you to overflow. May you then experience these words of Jesus: “Whoever believes in me, as Scripture has said, rivers of living water will flow from within them,” (John 7:38). May you be quenched so that you may be fully equipped to quench the deep thirst of the world!

Overflowing blessings in Christ to you,



REV. MICHELLE SANCHEZ  
Executive Minister of Make and Deepen Disciples  
The Evangelical Covenant Church



Blessed are those who hunger  
and thirst for righteousness,  
for they will be filled.

Matthew 5:6

## QUESTIONS OR CONCERNS?

Stop by the Triennial Registration office or Hospitality table near the hotel front desk in the lobby and we'll do our best to help you.

# Excursions

*Excursions depart from Sheraton lobby.*

## Spiritual Garden Retreat

8:00 AM – 1:00 PM

## Kansas City Ministry Tour

8:15 AM – 4:45 PM

## Quilters Paradise

8:30 AM – 5:00 PM

## A Day in Independence

8:30 AM – 5:00 PM

## Sanctuary and Cathedral Tour

9:15 AM – 5:00 PM

## Celebrating Black Culture and History

9:00 AM – 1:30 PM (*new time*)

## Village West Shopping

9:30 AM – 4:00 PM

## Schlitterbahn Water Park

9:30 AM – 4:00 PM

## Water Sports at Shawnee Mission Park

9:30 AM – 2:00 PM

## Kansas City Trolley Tours

THURSDAY 10:00 AM – 11:15 AM and 4:00 PM – 5:15 PM

FRIDAY 4:00 PM – 5:15 PM

## Crossroads Culinary and Culture Walking Tour

10:30 AM – 2:30 PM

## What a delight it is to welcome you to Triennial XV!

**Here we are at last, in Kansas City, the City of  
Fountains, ready to have our spiritual thirst quenched!**

A team of wonderful people has been working hard to make this a time and a place for each of us to consider our spiritual thirst, and the ways it can be quenched. God is here. God is eager to meet us as we gather with the energy and joy that comes from being thirsty for Him!

Be sure you take advantage of all the great options available to you: meaningful learning experiences, exciting excursions, special evening receptions, interactive features in the exhibit area, a beautiful Global Marketplace, a fabulous Prayer S.P.A., and two big anniversaries to celebrate.

Yes, we are celebrating 40 years of ordaining women in the Evangelical Covenant Church and 100 years of vital ministry and mission in Women Ministries. We do this with a look back that propels us forward to new and exciting vision-led ministry in the years to come.

**I am so glad you are here. I pray God meets you  
with living water for the exact, specific thirst that  
needs to be quenched.**

*Loving God together with you,*



MEAGAN GILLAN  
Director of Women Ministries  
Make and Deepen Disciples  
The Evangelical Covenant Church



*With joy you will drink  
deeply from the fountain  
of salvation!*

Isaiah 12:3



# Thursday Opening Celebration & Worship

**7:00 PM — EXHIBIT HALL B**

## **CEREMONY OF FLAGS**

PASTORAL PRESENCE: Michelle Sanchez,  
Executive Minister of Make and Deepen Disciples

## **SPEAKER: MEAGAN GILLAN**

Meagan Gillan is director of Women Ministries for the Evangelical Covenant Church. She loves to connect with women to encourage, inspire, and learn together.

Meagan has led Women Ministries through significant transitions, integrating it into the Make and Deepen Disciples mission priority where she oversees AVA (Advocacy for Victims of Abuse), Missional Moms, and calling women to grow as disciples who make disciples.

She loves time with her adult children and grandchildren, and anything that takes her outdoors. She is married to Scot, a pastor, and together they have served Covenant churches in Denver, Kansas City, Boston, Tucson, and now Naperville, Illinois.

Meagan is a graduate of Wheaton College and a licensed minister in the ECC.

**9:00 PM**

## **REGIONAL CONFERENCE RECEPTIONS**

*Sponsored by  
Conference  
Women Ministries.*

Connect with women from your regional conference and hear about the great opportunities to grow, serve, and deepen your discipleship with like-minded women.

***Your conference  
is indicated on  
your name badge.***

## **PRAYER TEAM**

A prayer team is ready and available to pray with you following worship. Look for women with a prayer team name tag.

take notes. journal. doodle.

## Anyone thirsty?

ISAIAH 12:1-6, JOHN 7:37-39



...Jesus stood and said in a loud voice, "Let anyone who is thirsty come to me and drink."

John 7:37

# Friday Morning Worship & CovTalks

## Early Bird Options

### 7:00AM TOTAL BODY WORKOUT

ROOM: **GILLHAM**

Learn the five components needed in every exercise plan and how you can customize exercises to your fitness level.

### 7:00AM COFFEE CONNECT @ THE PRAYER S.P.A.

ROOM: **TERRACE**

Bring some coffee and get oriented to the Prayer S.P.A. Enjoy quiet time with Christ as you do as many stations as you like.

### 7:15AM CLERGY WOMEN'S BREAKFAST

ROOM: **VAN HORN**  
*Prior reservation only.*

President Gary Walter and Midwest Conference Superintendent Tammy Swanson-Draheim host this celebration of 40 years of the ordination of women in the Covenant church.

### 8:30AM — EXHIBIT HALL B

HOST: Ramelia Williams, Triennial Design Team

Inspired by the popular TED Talk format, CovTalks features five special women from across the Covenant church sharing some of their spiritual life with us.



#### DRINKING DEEPLY... FROM A FIREHOSE

CHERITH ANDERSON: Director of Adult Education at Covenant Harbor Bible Camp and Retreat Center in Lake Geneva, WI. Mom of three.



#### SPIRITUAL DEHYDRATION

JODI MOORE: Lead Pastor at Ceresco Covenant Church in Ceresco, NE; mom to Elaina and Ally.



#### DETOXIFYING WATER

MEZTLI GONZALEZ: Student at North Park Theological Seminary in Chicago, IL; member of CHIC 2018 team.



#### ON BECOMING A DRINK

MICHELLE SANCHEZ: Executive Minister of the Make and Deepen Disciples team of the Evangelical Covenant Church. Mom of two. Native New Yorker.



#### FINDING SPRINGS IN THE DESERT

PRAJAKTA DAVID: Manager of Ministry Services for the Serve Globally mission priority of the Evangelical Covenant Church.

take notes. journal. doodle.

## MORNING REFRESHMENTS

Sponsor: Covenant Ministries of Benevolence

# How am I drinking deeply?

---

**10:30 AM****COVTALK Q&A TIME**

---

What is God saying to you through the talks you heard this morning?

**12:00 PM****LUNCH TOGETHER**

---

**EXHIBIT HALL A**

My soul thirsts for God,  
for the living God...

Psalm 42:2

1:45 PM

# Learning Experiences

## ALONE WITH MY BIBLE

ROOM: EMPIRE B

Are you alive in Christ, growing in the living Word? How does the Bible bring us deeper in faith? And how is it different from any other book? We'll learn how to open it, as well as our hearts, to knowing our living Lord and transforming in his likeness.

**MARY MILLER**, chaplain at Covenant Village of Cromwell retirement community in Cromwell, CT.

## THE DISCIPLE-MAKING ADVENTURE

ROOM: NEW YORK A

Jesus' Great Commission should be our primary passion and concern, but most of us don't know how to make and deepen disciples as a way of life. Together we'll explore fresh ways to pursue the adventure of a joy-filled, disciple-making lifestyle.

**MICHELLE SANCHEZ**, executive director of the Make and Deepen Disciples mission priority for the Evangelical Covenant Church.

## FAMILY OF GOD: ALL ARE NEEDED

ROOM: CHICAGO C

We need each other to understand and represent the family of God. We'll be exploring the value of building multi-cultural and multi-generational communities.

**CAENISHA WARREN**, coordinator for Events and Student Ministries for the John Perkins Center at Seattle Pacific University in Seattle, WA.

## THE HEART OF A WOMAN: OUR THIRST TO BE WHOLE IN BODY, MIND, AND SPIRIT

ROOM: ATLANTA A/B

Heart disease is the #1 cause of death in women. But maintaining a healthy heart requires a lot more than nutrition and exercise. We'll address the connection between our physical health and our mental, spiritual and emotional well-being.

**KARA DAVIS**, medical doctor and the First Lady of New Zion Covenant Church in Chicago's south suburbs.



MARY  
MILLER



MICHELLE  
SANCHEZ



CAENISHA  
WARREN



KARA  
DAVIS

## ILLUSTRATED FAITH: USING CREATIVITY AND JOURNALING IN YOUR FAITH

ROOM: CHICAGO B

Learn seven contemplative steps to illustrating your faith through Bible journaling.

**SHANNA NOEL**, founder of Illustrated Faith, Bible journaling ministry and worshiper at Redwood Covenant Church in Santa Rosa, CA.

## LEARNING ABOUT YOU THROUGH THE ENNEAGRAM: FIND YOURSELF IN THE NINE TYPES

ROOM: CHICAGO A

Discover this ancient tool as a way to increase your self-awareness and understand how to relate better to family, friends, and colleagues. A free online quiz will provide a beginning to the conversation.

**CAROL LAWSON**, director of ministry services for the Develop Leaders mission priority of the Evangelical Covenant Church.

## HELPING OTHERS THROUGH CREATIVE SOCIAL ENTERPRISE

ROOM: CHOUTEAU A

Buy a doll, give a doll, give a woman a job. Oli-Bo-Bolly serves communities in need by selling handcrafted, one-of-a-kind dolls. For every dolly sold, one with our special message is gifted to a girl in one of these communities. Learn more and help make a "give" dolly.

**OLIVEA BORDEN**, is 17 years old, and founded Oli-Bo-Bolly in Fort Collins, CO at age 14. Her mom, Diane Borden is her support and biggest fan.

## PRAYER S.P.A. (SPIRITUAL PRACTICES AREA)

ROOM: TERRACE

Be refreshed in a "spa" of meditative prayer and Scripture using Lectio Divina, art, and other creative ways of connecting with God.

**DIANA SHIFLETT**, pastor of Spiritual Formation at Naperville Covenant Church in Naperville, IL.

## RESTORING THE SEXUALLY WOUNDED

ROOM: VANHORN C

Sex is a beautiful gift from God. Outside of God's design, however, distortions of sex can lead to damaged relationships, low self-esteem, sexual dysfunction, hindered spiritual life, and more. We'll blend scientific research and scripture to offer insight on recovering from sexual brokenness and finding hope in Christ's healing.

**BARBARA WILSON**, author and speaker in Sacramento, CA.

## RETHINK FITNESS

ROOM: GILLHAM

Learn how the ABCs of fitness can move you from fitness frustration to a life of strength, energy and health.

**MICHELLE SPADAFORA**, founder of Faithful Workouts in Evergreen, CO.



SHANNA  
NOEL



CAROL  
LAWSON



OLIVEA  
BORDEN



DIANA  
SHIFLETT



BARBARA  
WILSON



MICHELLE  
SPADAFORA

## SANKOFA EXPERIENCE: TRANSFORMING CHRISTIAN LIFE

(Part One of Two)

### ROOM: VANHORN B

Whose truth do we believe? If you're thirsty for God's truth and want to experience Sankofa, join us for a transforming community learning experience as we explore our race history, culture, and faith.

**VELDA LOVE**, director of Justice and Intercultural Learning and adjunct professor at North Park University in Chicago, IL.

**DEBRA AUGER**, dean of Students and Community Life and associate professor at North Park Theological Seminary in Chicago, IL.

## SIENDO Y HACIENDO DISCÍPULOS (EN ESPAÑOL)

### SALA: BENTON A

Estamos llamados a ser y hacer discípulos. ¿Cómo crecemos y ayudamos a otros a crecer en Cristo?

**KATIE ISAZA**, Covenant missionary in Medellín, Colombia. Edith Moncleano, Iglesia del Pacto Evangelico de Colombia, Bogota, Columbia.

## YOU ARE NOT ALONE: CREATING SUPPORT SYSTEMS FOR FAMILIES WITH MENTAL ILLNESS

### ROOM: CHOUTEAU B

There are many stigmas around mental illness. We'll learn what families and communities with mental illness go through and how the church can respond, help, and be a support system.

**MINHEE CHO**, licensed marriage and family therapist in Seattle, WA.

## WALKING IN SENSIBLE SHOES: A JOURNEY INTO THE HEART OF GOD

### ROOM: NEW YORK B

Using spiritual formation themes from her novels, Sharon Garlough Brown invites women to explore their own longings for intimacy with God and others through prayer and spiritual disciplines.

**SHARON GARLOUGH BROWN**, author of *Sensible Shoes, Two Steps Forward*, and the co-pastor of Redeemer Covenant Church in Caledonia, MI.

## DEVELOP A DEBORAH

### ROOM: BENTON B

In scripture, God raised up Deborah to be a leader, prophet, and military commander. She was an effective leader of women and men. We'll examine the biblical view that spiritual gifts are not given based on gender, and explore ways for you and other women in your congregation to be affirmed into positions of leadership.

**ABBY JONES**, pastor of the Evangelical Covenant Church in Stromsburg, NE.

**BRIAN WIELE**, chair of the ECC's Commission for Biblical Gender Equality and pastor of River Ridge Covenant Church in Olympia, WA.



VELDA  
LOVE



DEBRA  
AUGER



KATIE  
ISAZA



MINHEE  
CHO



SHARON  
GARLOUGH  
BROWN



ABBY  
JONES



BRIAN  
WIELE

take notes. journal. doodle.

**3:15 PM****FREE TIME**

---

See page 29-36 for  
afternoon options.

**5:00 PM****DINNER  
ON YOUR OWN**

---

Be sure to check out  
the many opportunities  
for dinner within  
walking distance  
of the Sheraton.

See page 38 for a  
complete listing.



...If you only knew the gift God has  
for you and who you are speaking to,  
you would ask me, and I would  
give you living water.

John 4:10



# Friday Night Worship

**7:00 PM — EXHIBIT HALL B**

PASTORAL PRESENCE: Rev. Vernee Washington,  
pastor and church planter

---

## **SPEAKER: JESSICA LEEP FICK**

Jessica is the Evangelism Resources Director for Stonecroft Ministries, a non-denominational organization focused on evangelism and leadership development among women.

Originally from the Upper Peninsula of Michigan, she has had a passion for evangelism since she was a child. She recently published her first book with InterVarsity Press, titled *Beautiful Feet: Unleashing Women to Everyday Witness*. Jessica and her family live in the Kansas City area.

---

## **PRAYER TEAM**

A prayer team is ready and available to pray with you following worship. Look for women with a prayer team name tag.

**9:00 PM**

---

## **FRIDAY RECEPTION**

### **EXHIBIT HALL A**

*Sponsored by National Covenant Properties.*

Our special thanks go to National Covenant Properties for their generous support of Women Ministries and of the Covenant church.

take notes. journal. doodle.

## Bringing my friends to the fountain.

JOHN 1:35-50



The first thing Andrew did was to find his brother Simon and tell him, “We have found the Messiah” (that is, the Christ). And he brought him to Jesus.”...

John 1:41-42

# Lycée Vanette

Empowering Girls  
of Congo



## Early Bird Options

**6:15 AM**

### **FUN RUN ASSEMBLY**

**6:25 AM**

### **GROUP PHOTO**

Wear your Fun  
Run T-Shirt.

**Non-runners and  
non-exercisers are  
welcome. Purchase  
a shirt and join in  
the photo!**

Sign up at Registration  
through Friday evening,  
\$20 includes T-shirt.

**6:30 AM**

### **FUN RUN BEGINS**

*Sponsored by Bethany Benefit Services.*

In many parts of the world, education means empowerment, and it is a privilege, not a right. Our school in D.R. Congo, Lycée Vanette, is enabling 120+ Congolese girls to learn business, health and nutrition, French and computers. Funds raised today will provide supplies and furnishings to continue making this a model school for the Covenant Church in Congo (CEUM). "When you educate a girl, you educate the nation." Help equip the future leaders of the CEUM and the nation of D.R. Congo.

**Be sure to visit Strong Women of the World to experience the simulated Lycée Vanette classroom in Exhibit Hall A.**

Some of the funds raised today will provide Lycée Vanette backpacks for the girls at the school. Come "Bless a Backpack" by writing a scripture verse and signing your name.

**7:00 AM**

### **COFFEE CONNECT @ THE PRAYER S.P.A.**

Bring some coffee  
and get oriented to  
the Prayer S.P.A. Enjoy  
quiet time with Christ  
as you do as many  
stations as you like.

**8:00 AM**

### **BREAKFAST**

#### **EXHIBIT HALL A**

*Sponsored by Covenant Retirement Communities.*

Special thanks to Covenant Retirement Communities not only for this morning's breakfast, but also for the excellent care and support they provide for thousands of senior citizens in retirement communities across the nation.

# Saturday Morning Worship

9:00 AM — EXHIBIT HALL B

Host: Katie Isaza, Covenant Missionary Colombia



We welcome extraordinary national women leaders from nations where the Covenant serves in global mission. They come today with their missionary companions to give testimony to the power of God working in women around the world.

Learn more about these leaders and their companions on page 17–19.

## Drinking from foreign fountains.

PSALM 47, OR I KINGS 8:56-61



take notes. journal. doodle.

Is anyone thirsty?  
Come and drink.

Isaiah 55:1

## RAISE THE FLAG

# International Guests



### **Sabuli Sanguma** DEMOCRATIC REPUBLIC OF CONGO

Sponsored by the women of the Midwest Conference  
Accompanied by medical missionary Marta Klein

Sabuli is a leader in the Covenant Church of Congo. During the most recent civil war (1997-2003), she and her five children were separated from her husband who was in the U.S. attending seminary. They hid in the jungle for three months and eventually were reunited within the U.S. Overwhelmed by the number of orphans following the war, she began providing foster care and soon opened Sabuli's Place, now home to 85 children. Sabuli is a courageous and outspoken leader who is making an extraordinary impact in the lives of women and children. She is the wife of Dr. Mossai Sanguma, previous president of the CEUM they have six children.



### **Sunita Kesar** INDIA

Sponsored by the Pacific Southwest Conference  
Accompanied by Prajakta David, from the Serve Globally team

Sunita has served in ministry with the Hindustani Covenant Church (HCC) for 20 years. She meets with women in rural areas for counseling and encouragement, and ministers with low caste women in animal husbandry projects. The cows and goats provide crucial income nutrition, and each first-born offspring is returned to HCC to be given to another beneficiary family. The animal husbandry project also has a woman-run dairy cooperative that benefits many families. Sunita and her husband Mohanish have two daughters.



### **Eréndida Leyva** MEXICO CITY, MEXICO

Sponsored by Women Ministries of the Central Conference  
Accompanied by Covenant Missionary Patty Restrepo

Eréndida is a leader of the Evangelical Covenant Church in Nicolás Romero, Mexico. With her husband Miguel, she leads the youth group, and advises the district level youth ministry. Eréndida connects through vacation Bible school and plans weekly worship, leads rehearsals, and has arranged music lessons for young people so they can participate in worship. She is passionate to see women grow in their faith and coordinates her church's women ministries, leading Bible studies and events. She is a safe and compassionate informal counselor. She and her husband have two sons.

**Ada Jakeline Rios Garcia OAXACA, MEXICO**

Sponsored by the women of the Southeast Conference  
Accompanied by Patty Restrepo

Ada has served the Lord for over 20 years, working with children, adolescents, and adults in Oaxaca, Mexico. She currently focuses on Women Ministries, leading Bible studies, workshops, and discipleship. Ada and her husband Alfredo, minister to new believers and couples through small group studies and discipleship. Ada is training to be a facilitator in MAEM, a Covenant ministry with abused and exploited women, and seeks to grow every day, receiving God's restoration and health. Ada and her husband have a daughter and a son.

**Kinko Hyoshi JAPAN**

Sponsored by the women of the East Coast Conference  
Accompanied by Covenant missionary to Japan, Andrea Johnson

Kinko is pastor of the Nagaoka Covenant Church with her husband, Rev. Makoto Hiyoshi, working in youth ministry, cell groups, worship, and evangelism. Kinko attended college in Osaka, and after meeting the Lord, she took seminary classes and met her husband. In 1994 they moved to Nagaoka to serve their current church. In 2004 the Chuetsu Earthquake struck, causing serious damage to their building. With the help of churches in Taiwan, the US and Japan, the building was renovated. The experience of loss of shelter and basic amenities deepened her heart of compassion. The couple has four children.

**Marisete Martinsson SWEDEN**

Sponsored by the women of the Northwest Conference  
Accompanied by Rhonda Egging, Covenant Missionary to Russia and Sweden

Marisete Martinsson comes from a family of 14 siblings in Brazil. Raised in a strong Christian family, she met and married Swedish-born Anders in her 20's and immigrated to Sweden to live with him on his farm, learning Swedish while becoming acquainted with her new family and community. Sweden has welcomed the most war refugees per capita of any country in the European Union, and Marisete has worked to provide food, clothing, and to pray for, and help the war ravaged people in her village. She is church administrator of her church. Marisete and Anders have one daughter.





### Edith Moncaleano **COLOMBIA**

---

Sponsored by the women of the Great Lakes and Canada Conferences  
Accompanied by Katie Isaza, Covenant missionary in Colombia

Edith is the leader of Women Ministries in Colombia. She has worked to connect with women in local Covenant churches, offering support and training in Bible, christian formation, and Covenant identity. She is a clinical psychologist with 15 years of experience counseling drug addicts and their families, and is trained in theology and pastoral formation, and advocacy for abuse victims. She is connecting the Covenant with other organizations to collaborate on support for women who have been victims of the armed conflict in Colombia. Edith and her husband have two children.



### Anan Srisuwan **THAILAND**

---

Sponsored by the women of the Pacific Northwest Conference  
Accompanied by Covenant missionary Kristi Byford

Anan Srisuwan has been working with Covenant ministries in Thailand for over 30 years. She is the founder and director of the Northern Thailand Foundation for Enablement (NTFE), an organization that champions church planting, evangelism, youth ministry, and indigenous worship music. Anan also directs the Chiang Mai Aquatic Development Farm Company Ltd in Chiang Mai (CMADF), a tilapia hatchery with three sites that produces about 25 million tilapia fingerlings annually, and employs 40 people. She is a gifted administrator, Bible teacher, evangelist, and song writer with two children.

10:45 AM

# Learning Experiences

## ALONE WITH MY BIBLE

ROOM: EMPIRE B

Are you alive in Christ, growing in the living Word? How does the Bible bring us deeper in faith? Like any other book, it can be known with our brains. But how is it different than any other book? How do we open it, as well as our hearts, to knowing our living Lord and transforming in his likeness?

**MARY MILLER**, chaplain at Covenant Village of Cromwell retirement community in Cromwell, CT.

## CARING FOR SOULS

ROOM: VANHORN A

Caring for souls affected by violence, abuse, divorce, etc. is challenging. Come and learn how to provide care that fosters healing for others as well as for yourself.

**ELIZABETH ODETTE PIERRE**, pastoral care and counseling teaching fellow at North Park University, Chicago, IL.

## CHOSEN, BLESSED, FAVORED. WHO, ME?

ROOM: CHICAGO A

Like Mary before the angel Gabriel, we often ask, "How can this be?" when we ponder our identity as chosen, favored vessels of the Most High God. We'll explore spiritual practices that help us embrace the good news that we have been chosen to bear Christ to the world.

**SHARON GARLOUGH BROWN**, Author of *Sensible Shoes* and *Two Steps Forward* and the co-pastor of Redeemer Covenant Church in Caledonia, MI.

## SELAH: PRACTICE THE PAUSE

ROOM: VANHORN C

Pause and listen to what happens within you, when you feel hurt, stressed, vulnerable and doubtful. Learn how to work on emotional pain and peace with self, God and others.

**MINHEE CHO**, licensed marriage and family therapist, ministry spouse, and co-founder of One Days Wages in Seattle, WA.

## THE DISCIPLE-MAKING ADVENTURE

ROOM: NEW YORK A

Jesus' Great Commission should be our primary passion and concern, but most of us don't know how to make and deepen disciples as a way of life. Together we'll explore fresh ways to pursue the adventure of a joy-filled, disciple-making lifestyle.

**MICHELLE SANCHEZ**, executive director of the Make & Deepen Disciples mission priority for the Evangelical Covenant Church.

## EL PERDÓN DE DIOS SACIA (EN ESPAÑOL)

SALA: BENTON A

Conversaremos sobre la experiencia de un trauma espiritual y sus efectos, pero como en medio de la crisis cuando venimos a Dios, El nos sacia y sana.

**DANY FLORES**, pastor of Vida Plena Covenant in Chicago, IL.



**MARY  
MILLER**



**ELIZABETH  
ODETTE PIERRE**



**SHARON  
GARLOUGH  
BROWN**



**MINHEE  
CHO**



**MICHELLE  
SANCHEZ**



**DANY  
FLORES**

## FINDING LIVELIHOOD IN WORK AND LEISURE

### ROOM: EMPIRE C

We often find ourselves wrestling with our daily work as we confront what seems to fall short of the thriving, meaningful work we'd envisioned. Join us as we consider our own work experiences and explore the spiritual path of finding livelihood.

**NANCY NORDENSON**, author and speaker in Minneapolis, MN. @nancynordenson on Twitter/Instagram

## GOD'S CREATIVE GIFTS

### ROOM: NEW YORK B

We are surrounded by images and ideas about creativity on Pinterest, Instagram, Etsy, and more, but we may wonder, "Can I do that?" We are all gifted with creativity; there are many avenues to discover and use our gifts. Join us to explore and discuss how we, as women of faith, can use our creative passions to connect with God, enrich others, and express our unique selves.

**SARAH JOHNSON**, designer and Etsy shop owner living in Pittsburgh, PA. @sarahojo on Instagram.

## HEALTHY COOKING FOR A BUSY LIFESTYLE

### ROOM: GILLHAM

Learn how to cut hours off your weekly cooking time with these simple steps and learn what healthy cooking really looks like.

**MICHELLE SPADAFORA**, founder of Faithful Workouts in Evergreen, CO.

## HUMAN TRAFFICKING: HOW CAN WE MAKE A DIFFERENCE?

### ROOM: CHICAGO C

Join us for a time of mutual learning and sharing about human trafficking, exploring how we can partner as churches for impact.

**GENEVIVE DIBLEY**, an activist for the Society for the Abolition of Modern-Day Slavery and a scholar of ancient Judaism and early Christianity in Rockford, IL.

## INFLUENCERS: HELPING OTHERS MOVE FORWARD IN THEIR PROCESS OF BECOMING DISCIPLES

### ROOM: CHICAGO B

What do the new Christian "nones" and "unchurched" tell us were the most important factors in their journey toward Christ? Explore ways we can help friends make progress toward faith in Jesus, helping them become disciples who make disciples.

**BETH SEVERSEN**, director of evangelism for the Evangelical Covenant Church, ministry spouse from Prairie Village, KS.



**NANCY  
MORDENSON**



**SARAH  
JOHNSON**



**MICHELLE  
SPADAFORA**



**GENEVIVE  
DIBLEY**

## MAKING LIFELONG FAITH STICK IN OUR KIDS' LIVES

ROOM: ATLANTA A/B

What is necessary and important to help faith take root in our kids and teenagers for a lifetime of following Jesus? Discover the things you're already doing and how you can leverage your own faith journey to catalyze the next generation's spiritual formation. (*NOTE: this is for mommas AND spiritual mommas.*)

**APRIL DIAZ**, youth ministry coach and consultant in Orange County, CA.

## MANAGING MONEY: INVESTING OVER A LIFETIME

ROOM: BENTON B

Chances are you will be in charge of managing money at some point in your life. From your 20s to your 80s, it is important to do this well and in alignment with your values. Learn tips on how to do this in each decade of life.

**ANN WIESBROCK**, president of Covenant Trust Company from Hinsdale, IL.

## RULE OF LIFE

ROOM: TERRACE

Create a personal spiritual rhythm for your life involving spiritual disciplines, time patterns, and more in this prayer-oriented learning experience.

**DIANA SHIFLETT**, pastor of Spiritual Formation at Naperville Covenant Church in Naperville, IL.

## SANKOFA EXPERIENCE: TRANSFORMING CHRISTIAN LIFE

(Part Two of Two)

ROOM: VANHORN B

Whose truth do we believe? If you're thirsty for God's truth and want to experience the journey to racial righteousness through Sankofa, join us for a transforming community experience as we explore our race history, culture, and faith.

**VELDA LOVE**, director of Justice and Intercultural Learning and an adjunct professor at North Park University in Chicago, IL.

**DEBRA AUGER**, dean of Students and Community Life and an associate professor at North Park Theological Seminary in Chicago, IL.



**BETH SEVERSEN**



**APRIL DIAZ**



**ANN WIESBROCK**



**DIANA SHIFLETT**



**VELDA LOVE**



**DEBRA AUGER**

take notes. journal. doodle.



*...whoever believes in me  
will never be thirsty.*

John 6:35

**12:15 PM****LUNCH TOGETHER**

---

**EXHIBIT HALL A****1:30 PM****WOMEN MINISTRIES UPDATE AND CONNECTION**

---

**EXHIBIT HALL B**

Come celebrate the good things God is doing through Women Ministries of the ECC, and learn what's new, what's coming up, and how you can get connected.

**2:45 PM****FREE TIME — See page 29-36 for suggestions**

---

Come to the interactive space in Exhibit Hall A and experience Strong Women of the World from Serving Globally, see how women and girls are empowered at Lycée Vanette the school built in Congo through the Educate the Girls project. Bless a Backpack that will go to girls at Lycée Vanette, learn about the amazing 100-year history of Women Ministries, stop by the photo booth, connect with the long road to justice, learn about water at Project Blue, or shop with a purpose at the Global Marketplace, all in the Exhibit Hall. Take time to refresh and renew your spirit at the Prayer S.P.A.

**5:00 PM****DINNER ON  
YOUR OWN**

---

See page 38 for a list of local restaurants within walking distance and beyond.



# Saturday Night Worship

**7:00 PM — EXHIBIT HALL B**

PASTORAL PRESENCE: Katie Martinez,  
Associate Pastor, Loveland, CO

## **SPEAKER: NICOLE BULLOCK**

Nicole Bullock is a church planter and lead pastor at Blue Oaks Covenant Church and a teacher at Bethel Seminary in Minnesota's Twin Cities. She is a native of Chicago's west side. Having a passion for community development and social justice, Nicole pursued a Bachelor's in Social Work from Western Illinois University. After working several years for a parachurch organization in Chicago and feeling a call to full time ministry she went on to attend North Park Theological Seminary, graduating with a Masters in Divinity. In her spare time she enjoys reading, traveling, and spending time with her family.

## **PRAYER TEAM**

A prayer team is ready and available to pray with you following worship. Look for women with a prayer team name tag.

**9:00 PM**

## **CELEBRATING 100 YEARS OF WOMEN MINISTRIES**

### **EXHIBIT HALL A**

*Sponsored by North Park University.*

Join us for live music and a great party celebrating 100 years of Women Ministries of the Covenant church. Be sure to place yourself on the timeline, take a photo in the photo booth, and learn a little more about what God is doing through women just like you.

We express our deepest thanks to North Park University and North Park Theological Seminary for their support and sponsorship of tonight's fun.



take notes. journal. doodle.

## Camping in a place where there is no water.

EXODUS 17:1-6



...Why did you bring us up  
out of Egypt to make us and  
our children and livestock  
die of thirst?

Exodus 17:3



# Sunday Morning Worship & Communion

**8:30 PM — EXHIBIT HALL B**

PASTORAL PRESENCE: Kris Causton,  
Associate Pastor, Excelsior, MN

## **SPEAKER: GAIL SONG BANTUM**

Gail Song Bantum is the executive pastor and discipleship elder of Quest Church in Seattle, Washington. As a second generation Korean American, formed in the Korean immigrant and black pentecostal traditions, Gail considers it a privilege to serve as the president of the Evangelical Covenant Church's Asian Pastor's Association. She is an ordained minister in the ECC, received her M.Div. from Duke Divinity School, and her Bachelor of Music from The Eastman School of Music.

## **NEEDING PRAYER?**

After the worship service look for women wearing a prayer team name tag standing around the edges of the room if you would like prayer.

**10:30AM**

## **BRUNCH TOGETHER**

**EXHIBIT HALL A**

## **Early Bird Options**

**7:00AM**

### **PAZAZ FITNESS**

**ROOM: GILLHAM**

Come join the fun working out to Christian music Zumba-style!

We'll finish the workout with core strength and stretching. All fitness levels can participate.

**7:00AM**

### **COFFEE CONNECT @ THE PRAYER S.P.A.**

**ROOM: TERRACE**

Bring some coffee and get oriented to the Prayer S.P.A. Enjoy quiet time with Christ as you do as many stations as you like.

take notes. journal. doodle.

*Obey your thirst.*

MATTHEW 15:21-28; JOHN 6:53-57



Jesus said to them, “Very truly  
I tell you, unless you eat the  
flesh of the Son of Man and drink  
his blood, you have no life in you.

John 6:53

## EXHIBIT HALL A

# Ministry Mall & Exhibits

Learn about the amazing 100-year history of Women Ministries, stop by the photo booth, connect with the Hall of Justice, learn about water at Project Blue, or shop with a purpose at the Global Marketplace, all in the Exhibit Hall.

## STRONG WOMEN OF THE WORLD

---

Come meet and hear stories of how God is at work around the world from our international guests at Triennial in partner countries at the Strong Women of the World interactive learning experience in Exhibit Hall A. Hear stories about life in other parts of the world and how God is working to transform the world through these women.

### Our international guests will be in Exhibit Hall A:

#### FRIDAY

**3:00PM–4:15PM**

Sunita Keskar (India)  
Sabuli Sanguma (DR Congo)  
Anan Srisuwan (Thailand)  
Ada Rios Garcia (Mexico)

**4:15PM–5:30PM**

Kinko Hiyoshi (Japan)  
Marisete Martinsson (Sweden)  
Edith Moncaleano Moor (Colombia)  
Eréndida Leyva (Mexico)

#### SATURDAY

**3:00PM–4:15PM**

Kinko Hiyoshi (Japan)  
Marisete Martinsson (Sweden)  
Anan Srisuwan (Thailand)  
Eréndida Leyva (Mexico)

**4:15PM–5:30PM**

Sunita Keskar (India)  
Sabuli Sanguma (DR Congo)  
Edith Moncaleano Moor (Colombia)  
Ada Rios Garcia (Mexico)

## LYCÉE VANETTE

---

Girls in Congo are being empowered through education. Come experience their classroom and bless a backpack by writing encouraging words on one of the bags that will go to the school in August.

## PROJECT BLUE: CLEAN WATER EXPERIENCE

---

Join with Covenant World Relief as we explore the stories of women and families from around the world who do not have access to clean water. This interactive experience allows us to learn from and engage in a portion of another person's story and journey.

## GLOBAL MARKETPLACE

Products from around the world will be available for sale at the Global Marketplace. In keeping with the mission and vision of Women Ministries, the products showcased at the market are handcrafted from countries around the world where the Evangelical Covenant Church partners with other like-minded ministries. You will see products that are produced by women whose lives are being restored and transformed from oppression and poverty to a place of hope. As you shop, take the time to learn about our partners in work around the world, and know that your purchases make a difference in others' lives.

In addition to these handcrafted items, the Global Marketplace will feature mementos from Triennial XV, Women Ministries, and the ECC.

## BOOK SIGNINGS

Come connect with amazing women of the Covenant who are published authors.

SHARON GARLOUGH BROWN

***Two Steps Forward: A Story of Persevering in Hope***  
and ***Sensible Shoes: A story about the Spiritual Journey***

Sharon is a Covenant pastor in Michigan.

JESSICA FICK

***Beautiful Feet: Unleashing Women to Everyday Witness***

Evangelism for women without it being weird. Jessica is an evangelism specialist for Stonecroft Ministries in KC.

NANCY NORDENSON

***Finding Livelihood: A Progress of Work and Leisure***  
and ***Just Think: Nourish Your Mind to Feed Your Soul***

Nancy is a writer, Covenanter, and brilliant thinker.

RUTH MCELWEE

***Broken Hearts Healed***

Ruth, a missionary, pastor's wife, and homeschool mom, shares her story of abuse and healing.

EDITH MONCALEANO

***Lo Debes Saber***

Edith is a gifted, trained psychologist whose ministry has brought healing to many abuse victims.

JENNY RAE ARMSTRONG

***Don't Hide Your Light Under A Laundry Basket: 150 Bright Ideas for Wannabe World Changers***

Jenny is a seminarian from rural Wisconsin; a mom, and a pastor.

## COVENANT BOOKSTORE

Covenant Bookstore offers a broad variety of titles including those written by our presenters and women of the Covenant.

[covbooks.com](http://covbooks.com)

# Hall of Justice

## WHERE IS JESUS IN THE FACE OF INJUSTICE?

Witness the Stations of the Cross portraying the story of Jesus in the faces of the thirsty, the imprisoned, the oppressed, the abused, and more. Join with God and Triennial sisters in lament and prayer at the Justice Wailing Wall.

**The stations will be found in locations around the hotel property, and you are invited to interact at each station.**

Each display will present a woman's original artwork that communicates a message about the injustice being highlighted.

### STATION #1:

#### DOMESTIC VIOLENCE, CHILDHOOD SEXUAL ABUSE AND THE MINISTRY OF AVA (ADVOCACY FOR VICTIMS OF ABUSE)

---

**"Who Will Rescue Me?" by Natalie Salminen Rude**

**"My God, My God why have you forsaken me..."**

MATTHEW 27:46

Read the "Dear Sister" letters written by women of the Covenant to their sisters who have experienced abuse. Write your own Dear Sister letter to someone who has experienced abuse.

### STATION #2:

#### ENVIRONMENTAL INJUSTICE AND WATER ISSUES IN THE WORLD

---

**"God Creates, God Sustains" by Ramelia Williams**

**"I thirst..." JOHN 19:28**

Learn the facts about water issues in our nation and our world, experience the renewal of your baptismal vows in a bowl of clean water, remembering that in the family of God, the suffering of one means the suffering of all.

Next step: Experience Project Blue in Exhibit Hall A.

### STATION #3:

#### MASS INCARCERATION

---

**"We Women Weep" by Natalie Salminen Rude**

**"Dear Woman, here is your son!" and**

**"Here is your mother!..." JOHN 19:26-27**

Learn the truth about mass incarceration as it leaves mothers and entire communities grieving the loss of their children. Respond to this grievous loss at the Wailing Wall by drawing pictures, writing prayers and lamenting for these mothers and broken communities.

## STATION #4:

### RACIAL INJUSTICE

---

**"Father forgive them for they know not what they do..."**

LUKE 23:34

Learn about the persistent issue of racial injustice and develop a more accurate collective memory of racial sin committed by our foremothers and forefathers in order to change our response to the plight of people of color.

## STATION #5:

### WOMEN IN MINISTRY

---

**"Very truly I tell you, whoever believes in me  
will do the works I have been doing..."** JOHN 14:12

Sometimes the barrier to women in the pulpit is women in the pews. You're invited to consider the giftedness of all women, and to reflect on what it would feel like to not be able to operate within your own God-given giftedness. Come take a selfie and identify what God is calling you to.

*For I was hungry and you gave me  
something to eat, I was thirsty and you  
gave me something to drink, I was a  
stranger and you invited me in.*

Matthew 25:35

# Fitness

ROOM: GILLHAM

## FITNESS CENTER

### OPEN 24 HOURS

Enjoy the fitness center in the hotel, located on the Executive Level. Offering complimentary headphones, individual TVs, and iPod connections.

### POOL

Enjoy the unique piano-shaped outdoor pool, located on the 4th floor, accessible via the Gold Elevator across from H Bar on the mezzanine level. Features a spacious sun deck and great views of the city.

## FRIDAY

### 7:00AM–8:00AM TOTAL BODY WORKOUT

While exercising you will learn the five components of a successful exercise plan, how to increase your metabolism, how hard to workout and much more. This upbeat workout includes Christian music and inspirational messages. Modifications shown so all fitness levels can participate.

### 3:15PM–5:00PM OUTDOOR BODY WEIGHT WORKOUT

Think you need an expensive gym membership or fancy equipment to get a fit, healthy body? Think again! Join the fun and learn how to get a total body workout with nothing but your body weight.

## SATURDAY



**GUIDEBOOK  
UPDATE:  
TIME CHANGE**

### 6:15AM–8:00AM FUN RUN (Group photo at 6:25AM)

Come out bright and early Saturday morning and enjoy a beautiful 5K or 3.1 mile run, jog or walk through downtown Kansas City. Money raised through the Fun Run will benefit the girls school built by "Educate the Girls" funds previously raised by Women Ministries! \$20, includes T-shirt. No-participants are welcome.

### 2:45PM–5:00PM POWER STRETCH (Similar to Yoga)

Strengthen and stretch your body as you are guided through meaningful scripture meditation. Come learn the importance of your faith in your journey to optimum health.

## SUNDAY

### 7:00AM–8:00AM PAZAZ

PAZAZ is similar to Zumba with Christian music and easy to follow cardio/dance moves. The music and moves will have you sweating and worshiping all at the same time. We will finish up the workout with core and stretch. All fitness levels can participate.

## Prayer

ROOM: TERRACE



**GUIDEBOOK  
UPDATE:  
ROOM CHANGE**

### PRAYER S.P.A. (SPIRITUAL PRACTICES AREA)

Each morning before worship pick up a cup of coffee from your room or Starbucks and join us in the Prayer S.P.A. for a few moments of quiet with God before your big day begins. There will be a trained spiritual director in the space to offer any needed guidance for any of the stations.

The Prayer S.P.A. is open 24 hours a day. If you need a space to pull away from the crowd feel free to drop in and enjoy the Spiritual Practices stations on your own anytime. For guided times come during the learning experiences.

### COFFEE CONNECT WITH CHRIST

#### ➤ FRIDAY, SATURDAY & SUNDAY: 7:00 AM – 8:00 AM

Short introduction to the Prayer S.P.A. stations, followed with time for you to enjoy your coffee with Christ as you do as many or as few stations as you would like.

### SPIRITUAL PRACTICES

#### SATURDAY: 2:45 PM – 5:00 PM

Learn how to integrate spiritual practices into your world at home.

### PRAYER S.P.A.

#### SATURDAY: 3:15 PM – 5:00 PM

Learn how to create your own Prayer S.P.A. in your own home as well as your church home.

### PRAYER FOUNTAINS

There are two prayer fountains located in the building. These fountains are locations for you to receive prayer from someone and to drop a prayer in the fountain written on a stone if you so desire.

One is in the Global Marketplace and the other is in the Prayer S.P.A. Please feel free to drop by and receive prayer. A prayer person will be present during open hours of the Global Marketplace and the Prayer S.P.A.

**GUIDEBOOK  
UPDATE:  
TIME CHANGE**

# Attractions & Afternoon Options

## COVENANT CARRIERS SHUTTLE

### Departing from the Hotel Lobby

Covenant Carriers is a special service just for Triennial that offers unlimited rides to area attractions for a one-time rate.

Buy your pass at the Excursions/Hospitality table near Registration in the lobby. COST: \$18 *(for entire conference)*

#### AVAILABILITY:

Thursday  
10:00 AM – 6:00 PM

Friday  
3:30 PM – 6:30 PM

Saturday  
3:00 PM – 6:30 PM

## COVENANT CARRIER DESTINATIONS

**Country Club Plaza** A 15-block district with more than 150 high-end shops and dozens of fine restaurants.

**The Webster House** A distinctive shopping experience of beautiful European antiques, gifts, clothing, jewelry, and personal accessories.

**American Jazz Museum** Interactive immersion into an indigenous American music tradition, complete with live music.

**Negro Leagues Baseball Museum** Multimedia displays featuring an array of historic photographs and artifacts.

**Kemper Museum of Contemporary Art** This totally free museum hosts renowned collections of modern art from all over the world.

**Nelson-Atkins Museum of Art** Unparalleled opportunities to enjoy, appreciate, and understand fine visual arts and the cultures they represent.

**WWI Museum and Memorial** America's leading institution dedicated to remembering, interpreting, and understanding World War I and its enduring impact on the world.

**National Museum of Toys and Miniatures** This beautiful place seeks to educate, inspire, and delight adults and children with an expansive collection and preservation of toys and miniatures.

**The Power and Light District** Eight blocks of unique shops and restaurants.

**Sprint Center College Basketball Experience** A highly interactive immersion into the world of college basketball. PRICE: \$14 HOURS: open until 6:00 PM.

**Crossroads Art District** One of the most concentrated art gallery and shopping districts in the country.

**River Market** Quaint neighborhood with markets, grocers, and shops.

**Arabia Steamboat Museum** A unique museum celebrating the legends of the Steamboat Arabia. PRICE: \$15 HOURS: open until 5:00 PM.

## WALKING DISTANCE VIA THE LINK WALKWAY

Union Station is a 10-15 minute walk through the Link walkway. It's a historic train station that features exhibits, movies, restaurants, and a science center.

**Crown Center is a short 5-10 minute walk through the Link walkway. It includes:**

**Shopping** One-of-a-kind stores and dining choices await.

**Hallmark Visitors Center** Discover the Hallmark story with exhibits that demonstrate the creativity and innovation that go into making Hallmark products.

PRICE: Free

HOURS: 10:00 AM–4:30 PM

**Sea Life Aquarium** Discover the two-story aquarium, featuring more than 30 displays directly inside the Crown Center Complex.

PRICE: Door Price is \$19, Web Price is \$15

HOURS: 10:00 AM–6:00 PM

**LEGOLand Discovery Center** A world of color, creativity and fun, experience a wealth of attractions, two rides, 4D cinema, and more.

PRICE: \$18

HOURS: 10:00 AM–4:30 PM

**Naturally Salon And Spa** an Aveda salon, Naturally has been named "Best Spa" in Kansas City.

## THE LINK

The Link is a system of enclosed, elevated walkways connecting from Union Station to the Sheraton, the Westin, and Crown Center. Entrance to the Link can be found on the mezzanine level near the H Bar.

# Important Information

## REGISTRATION

---

Triennial XV registration is in the main lobby, to the left of the hotel registration desk.

A hospitality station is located on the mezzanine level near the entry to the Exhibit Hall/Worship area.

### WEDNESDAY

7:00 AM–10:00 PM

### THURSDAY

7:00 AM–10:00 PM

### FRIDAY

8:00 AM–2:00 PM

## LIVE WEBCASTS

---

Live webcasts of all the main worship services are available. To watch recorded webcasts and other Triennial videos, go to [CovChurch.org/Triennial](http://CovChurch.org/Triennial).

## SPANISH TRANSLATION

---

Habr  traducci n simult nea en espa ol para los que asistan a las reuniones en Exhibit Hall B, all  mismo podr n recoger los audifonos.

## HEARING IMPAIRED

---

For hearing-impaired registrants, special hearing enhancement equipment will be available during the worship services near the entrance to Exhibit Hall B.

## IMAGE POLICY

---

Your participation in Triennial XV implies permission for the ECC to reproduce your image, likeness, or voice in connection with any recorded display or reproduction of Triennial in post-event publicity and publicity for other such events sponsored by the ECC.

## AIRPORT TRANSPORT—SUPER SHUTTLE

---

For ground transportation to and from the Sheraton Kansas City at Crown Center, arrange a ride through Super Shuttle. Super Shuttle is offering a discounted shared ride shuttle of \$30 round trip. To book your reservation and view other transportation options offered by Super Shuttle call (800) BLUE-VAN. Use the code XU3ZP to receive the Triennial discount on round-trip reservations only.

## PARKING

---

Parking at the Sheraton is \$16 per day with in/out privileges.

## Meals & Restaurants

### PROVIDED MEALS

Your registration includes four meals: Lunch Friday, Breakfast Saturday (*Thanks, Covenant Retirement Communities!*), Lunch Saturday, and Brunch Sunday. All meals are in Exhibit Hall A.

### BREAKFAST OPTIONS

Spectators Gastro-Pub is on the mezzanine level of the Sheraton, and serves breakfast, lunch and dinner; open at 6:30am.

Coffee and baked goods can be picked up at the Link@Sheraton Café in the main lobby.

### RESTAURANTS

For other meals, you can purchase food on your own from a plethora of great places that are all short walks from the Sheraton hotel. Most of these can be found in the Crown Center complex accessible via the Link elevated walkways on the mezzanine floor of the hotel.

Spectators Gastro-Pub  
(inside hotel)

Jimmy John's

Panera Bread

The Brasserie  
(inside the Westin hotel)

Inside Crown Center:

Milano

The American Restaurant

Fritz's Railroad

Crayola Cafe

Z-Teca

Pak Ling Express

Spin Neapolitan Pizza

Einstein Bros Bagels

Juice Stop

D'Bronx Pizza

Three Little Pigs BBQ



### WORSHIP LEADER

**Jessica Perez** is the Worship and Creative Arts Director at Crossroads Covenant Church in Loveland, CO.

## Triennial XV Worship Team

### WORSHIP TEAM

**Anne Martinez, VOCALS, KEYBOARD, CELLO**

Anne is the Middle School and High School Choir Director at University Schools, Greeley, CO.

**Michelle Carrillo, VOCALS**

Michelle is a student and worship leader at North Park University, Chicago, IL.

**Brandi Sanders, VOCALS & TRIENNIAL CHOIR DIRECTOR**

Brandi is Worship Associate at First Covenant Church of St. Paul, St. Paul, MN.

**Carolina Quinonez, VOCALS**

Carolina is Senior Pastor of Pacto de Amor, Loveland, CO.

**Amanda Gorely, VIOLIN AND KEYBOARDS**

Amanda is a stay-at-home mother of three, former middle school and high school orchestra and choir director, Fort Collins, CO.

**Ingrid Olson, ACOUSTIC AND ELECTRIC GUITAR**

Ingrid is a flight attendant, and a member of Council Tree Covenant Church in Fort Collins, CO.

**Lenore Fable, BASS GUITAR**

Lenore is owner of Elite Teacher Supply, Fort Collins, CO.

**Angela Yee, DRUM KIT**

Angela is Director of Ministry and Mission/Creative Services at Saddleback Church Irvine South, Irvine, CA.

# Sponsors and Displays

## SPONSORS:

---

### **North Park University**

Exploring the Call

### **Women Ministries Conferences**

Thursday Evening Reception

### **Covenant Ministries of Benevolence**

Friday Morning Refreshments

### **National Covenant Properties**

Friday Evening Reception

### **Bethany Benefits**

Fun Run

### **Covenant Retirement Communities**

Saturday Morning Breakfast

### **North Park University**

Saturday Evening Reception

### **Covenant Trust Company**

Scholarships

## DISPLAYS

---

Make and

Deepen Disciples

Develop Leaders

Serve Globally

Start & Strengthen  
Churches

Love Mercy Do Justice

Covenant Companion

Covenant Enabling  
Residences

Solid Rock

Advancement

North Park  
Theological Seminary

Centro Hispano de  
Estudios Teológicos

New Day for Children

Biblica

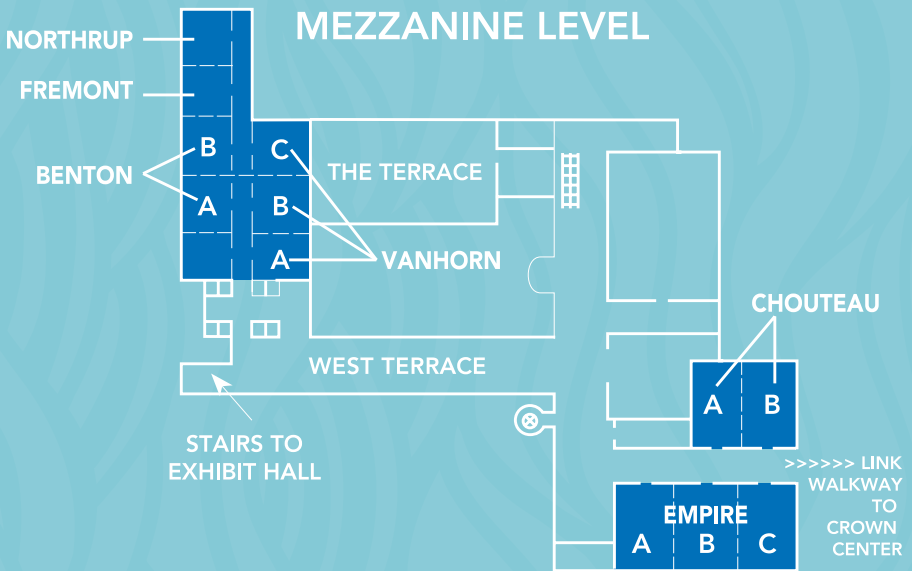
Part & Parcel Magazine

## THANK YOU!

---

**The list of people who deserve thanks and credit for making Triennial happen is endless.**

We would like to highlight and specially thank the Covenant Events team, the Triennial planning team, Women Ministries, Make and Deepen Disciples, Develop Leaders, Serve Globally, Start & Strengthen Churches, Love Mercy Do Justice, Covenant Offices Leadership Team, Covenant Retirement Communities, Covenant Trust Company, North Park University, National Covenant Properties, Covenant Ministries of Benevolence, Bethany Benefit Service, the Midwest Conference, every church that sent women, every person who donated to scholarships, every family member supporting women present, and above all the Triune God who makes all of this possible.



# Sheraton

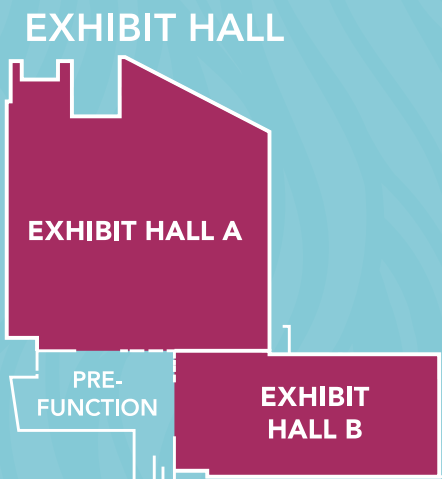
Kansas City  
at Crown Center

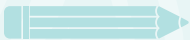
## LOBBY LEVEL

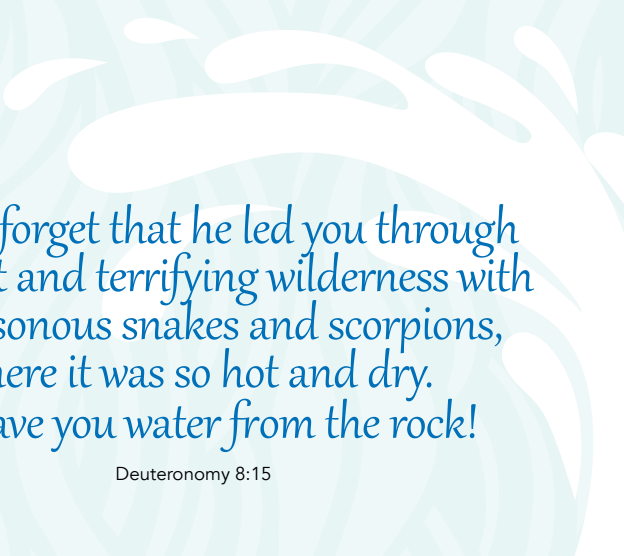


### COVENANT EVENTS APP

Triennial event information including property map can be found on the Covenant Events app.

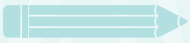


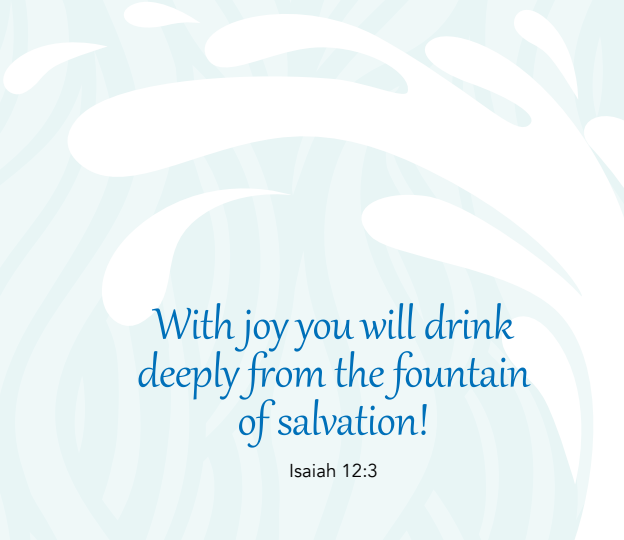




Do not forget that he led you through  
the great and terrifying wilderness with  
its poisonous snakes and scorpions,  
where it was so hot and dry.  
He gave you water from the rock!

Deuteronomy 8:15





*With joy you will drink  
deeply from the fountain  
of salvation!*

Isaiah 12:3



## THURSDAY

---

- 8:30 AM–5:00 PM Advance Learning Experiences  
8:30 AM–5:00 PM Excursions (*departing throughout the day*)  
2:00 PM–5:30 PM Missional Moms Mini-Conference  
7:00 PM Opening Celebration & Worship  
9:00 PM Conference Receptions

SPONSOR: CONFERENCE WOMEN MINISTRIES

## FRIDAY

---

- 7:00 AM Prayer/Fitness Options  
8:00 AM Morning Refreshments  
8:30 AM Morning Worship and CovTalks  
10:30 AM CovTalks Q&A  
NOON Lunch Together  
1:45 PM Learning Experiences  
3:15 PM Afternoon Options  
7:00 PM Evening Worship  
9:00 PM Reception

SPONSOR: NATIONAL COVENANT PROPERTIES

## SATURDAY

---

**GUIDEBOOK  
UPDATE:** .....➤

Fun Run for Girls in Congo  
*Assemble 6:15, Group Photo 6:25, Run Begins 6:30*

SPONSOR: BETHANY BENEFIT SERVICES

- 7:00 AM Prayer/Fitness Options  
8:00 AM Breakfast Together  
9:00 AM Morning Worship  
10:45 AM Learning Experiences  
12:15 PM Lunch Together  
1:30 PM Women Ministries Update & Connection  
2:45 PM Afternoon Options  
7:00 PM Evening Worship  
9:00 PM 100 Years of Women Ministries Celebration

SPONSOR: NORTH PARK UNIVERSITY

## SUNDAY

---

- 7:00 AM Prayer/Fitness Options  
8:30 AM Closing Worship and Communion  
10:30 AM Brunch Together



Covenant Triennial